



INSTITUTE OF CONSTRUCTIVIST PSYCHOLOGY

An invitation to the Psychology and Psychotherapy of Personal Constructs

Free workshop led by Massimo Giliberto

Thursday 13rd May 2010

Padova

Saturday 22nd May 2010

Cesena

Among the great and systematic psychological theories, Personal Constructs Psychology (PCP) can be seen as the most clearly and radically centered approach to the way in which people give sense to what they do, to themselves, to others and to the world around them.

The focus on the idea that knowledge is not out of experience (it is construed) allows it to transcend almost all the reference points familiar to other psychologies. PCP, in effect, does not consider the traditional distinctions between cognition and emotion, dissolves the 'self' (at least in the way we consider it usually), transforms motivation and disperses the unconscious as a separate place for our reasons.

Far from emptying the sense of human actions, going beyond all of the classical psychological categories, this approach opens new scenarios and a new ways to act in psychotherapy.

The workshop is intended to introduce participants to the origins of this theory, to the assumptions on which it is based, to the person model that characterizes it and to the therapeutic practice to which it all leads to.

In particular, it will be deepened the notion of 'choice' as G.A. Kelly proposes, and the value for life as well as for therapeutic practice will be explored in order to understand how and why people act as they act.

Massimo Giliberto, Psychologist and Psychotherapist, Director, Trainer and Supervisor of the ICP School of Constructivist Psychology.

The workshop will be held on **Thursday 13rd May 2010** from 2 p.m. to 6 p.m. at the School of Institute of Constructivist Psychology, via Martiri della Libertà 13 – Padova, Italy and on **Saturday 22nd May 2010** from 9 a.m. to 1 p.m. at AUSER, Corso Comandini 7 – Cesena, Italy.

The admission is free but reservation is required. Please, contact us at +39 049 8751669 or scuola@icp-italia.it

Please note the talks are only in Italian.

Approved by Ordine degli Psicologi - Consiglio Regionale del Veneto