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# FAMILY SAFETY

## A Toolkit for Men

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This toolkit contains men's stories of hope and motivation to change. It is designed to be used by men, to fix the vehicle of their relationships, so that their family is safer.

The toolkit also contains some reminders of what happens when warning signs, on the road of life, are ignored by men who choose to continue using abuse to threaten and control their family.

'Davo' used to frighten his family with yelling, using 'the look' and occasional threats. They had to 'walk on egg-shells' and try to avoid his 'put-downs' and mind games, but gradually the abuse got worse.

When challenged by a mate to 'Take a good look at yourself!', Davo began to see things about his behaviour that he was ashamed of. He realised why his children were no longer affectionate towards him. He decided to change and started looking for help.

The authors have worked with men for over 20 years and the tools in this book have been developed as a result of that experience.

This book is for any man to find ways of confronting abusive beliefs and behaviour, whether his own or other's.

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